

## HIGH SCHOOL TRANSCRIPT

Students that participate in our LIFT HIGH Core group will receive credits in English, Math, Science, and History every year. You can also add Electives and Foreign Language by attending 5 days or completing independent studies at home.

	<b>Recommended Minimum 19</b>	<b>Advanced Credits 22+</b>	<b>Possible Classes and Electives</b>
English Language Arts Speech	4 credits	4 credits	Writing, Grammar, Literature, Essay Writing,
Mathematics	3 credits	4 credits that include advanced math	Algebra, Geometry, Consumer Math, Accounting/Bookkeeping, Advanced Math such as Pre-Calculus
Science	3 credits With labs	4 credits Lab-based	Biology 1 Chemistry Practical Chemistry Marine Biology Environmental Science Physics
Social Studies	3 credits	4 credits	Ancient History US History World History World Geography US Gov't (.5) Economics (.5)
PE	1-4 credits		Sports, Dance, Weight Lifting, Gymnastics, Aerobics
Fine Arts	1 - 4 credits	2 - 4 credits in same language	Music, Art, Photography, Theater
Electives	2 -4 credits	3 credits	See separate list
Foreign Language	1-2 credits	2 -4 credits	

We calculate credits as follows;

Textbook based course, whether digital or print

1 credit = Mastery of 70% or more of material

Online Course

1 credit =Mastery of 70% or more of material

Activity or Project based course

1 credit = 120 Hours

.5 credit = 60 hours

Lab-based course

1 credit = completion of all research and labs, according to scope & sequence