

WEEKLY EXTRACURRICULAR SCHEDULE

See descriptions and pricing below

Future classes are mentioned below

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Piano & Ukulele Lessons Scheduled in coordination with Instructor and Student Schedule	Piano & Ukelele Lessons Scheduled in coordination with Instructor and Student Schedule	Color Theory 9:30 - 11:00 8 - 12 years 4min/8max Shelley Sassafras
LUNCH / PE	LUNCH / PE	LUNCH / PE	LUNCH / PE	LUNCH / PE
				Tangle Drawing 11:30 - 1:30 Sassafras Art Studio Shelley 12+
		Chess Club 2:00 - 3:00 Nick Spelman		Yoga Pop up! Short Session 1:30 - 2:15 12 & up Lora \$30/session Sept 20/27/4/11
		Elementary Art Fun 2:00 - 3:00 Sassafras		

Classes that state Fall Semester meet according to LIFT Schoolhouse's posted schedule unless otherwise noted.
Fall Semester: September 3 - December 13 with two breaks October 14 - 18 and November 25 - 29.

Piano

Year Round by appointment

Ukelele

Year Round by appointment

THEATER - COMING SOON**DANCE**

Cosmopolitan Dance - Pop Up Dance Sessions

\$25/ 4 weeks

Hip Hop in October

CHESS

Nick Spelman

Chess Club

Wednesday

2:00 - 3:00

\$65 Fall Semester

Ages 8+ Younger with instructor approval

Come practice your chess playing skills with friends! Winner each week!

While this is a friendly setting, tournament style play is practiced so students will be comfortable moving into tournament and competitive play if so desired.

Chess Strategy and Tournament Preparedness

By appointment

\$15/half hour

Learn strategies you can use to hone your chess playing and competitive skills for tournament play.

YOGA CASA

Lora Brandt

Yoga - Pop Up Short Session

Join is for a class filled with fun and interesting yoga poses as well as mindfulness techniques. Your teen will learn how to be more connected with their bodies as well as practice relaxing their minds. No prior yoga experience needed!

Friday 1:30- 2:15

\$30/4 sessions

September 20, 27, October 4, 11

Ages 12 & up

Sassafras Art Studio

Shelley

Certified Zentangle instructor

Elementary Art Fun

Wednesday

2:00 - 3:00

\$5 Supply Fee

\$100 Class Fee Fall Semester

Ages 6 - 12

Art Theory

Friday

9:30 - 11:00

\$5 Supply Fee

\$100 Class Fee Fall Semester

Ages 8 - 12

Introduction to color, shape, drawing, and various artists. Art journaling and building upon the basic art theories of color and space.

Tangle Drawing

Friday

12:30 - 2:30

\$25 Supply Kit one-time purchase per student

\$150 Class Fee Fall Semester

Ages 12+

Tangle drawing is proven to reduce stress, help memory retention, relieve depression, pain management, and is a meditative art which helps with focus.